

CONNECTING EACH OTHER TO LIVE HEALTHY AND FULFILLING LIVES

A PARTNERSHIP PROGRAM FOR THE WESTSIDE COMMUNITY



The Westside Community and Keiro are pleased to partner with Palo Alto Medical Foundation to bring linkAges TimeBank to our community!

TimeBank is a new take on the idea of neighbors of all ages helping each other. As members contribute services (computer help, mending, baking, small repairs, running errands) in exchange for hours and use those hours to receive services in return, connections are formed and neighbors become communities once again!

SAMPLE SERVICE LISTINGS

- Rides to medical appointments
- Assistance with grocery shopping
- Learning how to use technology
- Cooking/baking
- Sewing/ hemming
- Crafts
- Walking/ exercising
- Minor home repairs

Learn more at www.keiro.org/timebank

PROGRAM PARTNERS

Japanese Institute of Sawtelle
Venice Hongwanji Buddhist Temple
Venice Pioneer Project
Venice Young Adults Club
UCLA Nikkei Student Union
West Los Angeles Buddhist Temple
West Los Angeles United Methodist Church



George & Ruri
Sugimoto Community
Advancement Initiative

TimeBank is a free program made possible in part through the Takayama Foundation and the Keiro Endowment Fund along with support from Keiro's donors and volunteers.

For additional information, please email ssharp@keiro.org or call 213.873.5713

Join us for a **FREE** orientation session:

Sunday, May 31
11:00 a.m. at VHBT

Please RSVP for the orientation by calling 213.873.5713 or online at www.keiro.org/timebank